



# shopping list

THIS LIST CONTAINS THE INGREDIENTS YOU'LL NEED TO PREPARE THE RECIPES IN THIS ISSUE OF *REAL SIMPLE*.


## lunches

### TUNA SALAD WITH CELERY AND RADISHES PAGE 147



-  
- tuna, 2 5-ounce cans (in water)
- radishes, 8 small
- celery, 2 stalks
- lemon juice, 2 tablespoons
- flat-leaf parsley, enough for ¼ cup chopped
- crackers, for serving
- olive oil, 1 tablespoon
- kosher salt and black pepper

## dinners


### SALMON WITH BROWN BUTTER, ALMONDS, AND GREEN BEANS PAGE 187

- 
- skinless salmon fillet, 1¼ pounds, cut into 4 pieces
- green beans, 1 pound
- unsalted butter, 4 tablespoons
- sliced almonds, ¼ cup
- capers, 2 tablespoons
- kosher salt and black pepper





### PASTA WITH BACON AND CAULIFLOWER PAGE 187

-  
- spaghetti, 12 ounces (¾ box)
- bacon, 6 slices
- cauliflower, 1 small head (about 1½ pounds)
- sage, ½ cup leaves
- pecorino, 3 ounces
- kosher salt and black pepper


### STEAK WITH POTATO SALAD AND BLUE CHEESE VINAIGRETTE PAGE 189

- 
- steaks, 4 small (such as Newport, flat iron, or top round; 1½ pounds total)
- Boston lettuce, 1 small head
- small red potatoes, 1 pound (about 12)
- blue cheese, 1 ounce
- white wine vinegar, 2 tablespoons
- olive oil, ¼ cup plus 1 tablespoon
- kosher salt and black pepper




### VEGETARIAN TACOS WITH SPINACH, CORN, AND GOAT CHEESE PAGE 189

-    
- extra-firm tofu, 1 14-ounce package
- baby spinach, 1 5-ounce package
- fresh goat cheese, 3 ounces
- refrigerated salsa, ¾ cup
- frozen corn, 1 10-ounce package
- flour tortillas, 8 small
- chili powder, 1½ teaspoons
- olive oil, 1 tablespoon
- kosher salt and black pepper


### ROASTED CHICKEN WITH TOMATOES AND OLIVES PAGE 191

- 
- chicken, 1 3-pound (cut into 8 pieces)
- grape tomatoes, 2 pints
- lemon, 1
- thyme, 8 sprigs
- garlic, 1 head
- pitted kalamata olives, 1 cup
- dry white wine, ½ cup
- country bread, 1 small loaf (optional)
- olive oil, 2 tablespoons
- kosher salt and black pepper




### ASIAN DUMPLING SOUP WITH SHIITAKES AND EDAMAME PAGE 191

-   
- frozen pot sticker dumplings or Japanese gyoza, 1 16-ounce package
- carrots, 2 medium
- shiitake or mushrooms, 4 ounces
- watercress, 1 bunch
- scallions, 4
- ginger, 1 2-inch piece
- frozen shelled edamame, 2 cups
- low-sodium chicken broth, 2 32-ounce containers
- low-sodium soy sauce, 1 tablespoon
- kosher salt


### PAPRIKA SPICED PORK CHOPS WITH SPINACH SAUTÉ PAGE 200

- 
- bone-in pork rib chops, 4 (about 1 inch thick; 2 pounds total)
- spinach, 1 10-ounce package
- scallions, 4
- lemon, 1
- golden raisins, ¼ cup
- paprika, 1 teaspoon
- olive oil, 1 tablespoon
- kosher salt and black pepper



### SEARED SCALLOPS WITH SNOW PEAS AND ORANGE PAGE 202

-   
- sea scallops, 16 (about 1½ pounds)
- snow peas, ¾ pound
- orange, 1
- couscous, 1 cup
- olive oil, 1 tablespoon plus 2 teaspoons
- kosher salt and black pepper

### SLOW-COOKER ALE-BRAISED CORNED BEEF, BRUSSELS SPROUTS, AND CARROTS PAGE 204

- 
- corned beef brisket, 1 3-pound piece (with spice packet, if included)
- carrots, 1 pound
- Brussels sprouts, ¾ pound
- tarragon, enough for 1 tablespoon chopped
- sour cream, ½ cup
- beer, 1 12-ounce bottle amber ale
- whole-grain mustard, 2 tablespoons

### BUTTERNUT SQUASH FLAT BREAD WITH CHEDDAR AND PINE NUTS PAGE 206

-  
- store-bought pizza dough, 1 pound
- arugula, 1 bunch
- thyme, enough for 1 tablespoon leaves
- butternut squash, 1 pound
- red onion, ½
- extra-sharp Cheddar, 6 ounces
- pine nuts, ¼ cup
- cornmeal, for the pan
- olive oil, 2 tablespoons
- kosher salt and black pepper

#### RECIPE KEY

 30 MINUTES OR LESS

 HEART-HEALTHY

 VEGETARIAN

 ONE POT

 NO-COOK

 FREEZABLE

# shopping list

(CONTINUED)

## TUSCAN LAMB WITH GARLICKY TOMATO SAUCE AND POLENTA PAGE 207



- lamb loin chops, 8 small (about ¾ inch thick; 2 pounds total)
- rosemary leaves, enough for 1 tablespoon
- garlic, 2 cloves
- unsalted butter, 1 tablespoon
- diced tomatoes, 1 28-ounce can
- dry white wine, ½ cup
- instant polenta, ¾ cup
- olive oil, 1 teaspoon
- kosher salt and black pepper

## MEDITERRANEAN CHOPPED SALAD WITH SHRIMP AND CHICKPEAS PAGE 212



- cooked medium shrimp, 1 pound (peeled and deveined)
- Romaine lettuce, ½ head
- English cucumber, ½
- sweet onion (such as Vidalia or Walla Walla), ½ medium
- Feta, 3 ounces
- chickpeas, 1 15.5-ounce can or a heaping ½ cup dried
- pitted kalamata olives, ½ cup
- pita chips, 2 cups
- red wine vinegar, 2 tablespoons
- olive oil, 3 tablespoons
- kosher salt and black pepper

## BLACK BEAN SOUP WITH ROASTED JALAPEÑO SALSA PAGE 212



- black beans, 2 15.5-ounce cans or a heaping cup dried
- poblano or green bell pepper, 1 large
- jalapeños, 3 to 4
- cilantro, enough for ½ cup leaves
- lime, 1
- garlic, 2 cloves
- red onion, 1 large
- beer, 1 12-ounce bottle lager
- ground cumin, 1 teaspoon
- olive oil, 2 tablespoons plus 2 teaspoons
- kosher salt and black pepper

## FETTUCCINE WITH LIMA BEANS, PEAS, AND LEEKS PAGE 214



- fettuccine, 12 ounces (¾ box)
- leeks, 2
- tarragon, enough for 2 tablespoons chopped leaves
- pecorino or Parmesan, 1 ounce
- heavy cream, ¾ cup
- frozen lima beans, 1 10-ounce package
- frozen peas, 1 cup
- olive oil, 2 tablespoons
- kosher salt and black pepper

## sides

### BLACK-EYED PEAS WITH BACON AND ESCAROLE PAGE 214



- black-eyed peas, 1 15.5-ounce can or a heaping ½ cup dried
- escarole, 1 bunch
- garlic, 4 cloves
- bacon, 4 slices
- kosher salt and black pepper

## desserts

### RASPBERRY PANINI PAGE 60



- unsalted butter, 2 tablespoons
- challah bread, 2 slices
- raspberry jam, 2 tablespoons
- confectioners' sugar, for dusting

### RASPBERRY FOOL PAGE 60



- raspberries, 1 cup
- heavy cream, 1 ¼ cups
- raspberry jam, ½ cup
- sugar, 1 tablespoon
- cookies, 4

## drinks

### BEER SHANDY PAGE 12



- beer, 1 12-ounce bottle lager
- lemon, 1
- sparkling lemon soda, ½ cup

### STOUT AND ICE CREAM FLOAT PAGE 12



- beer, 1 12-ounce bottle stout
- coffee ice cream, 1 cup

### GINGERY APPLE BEER PAGE 12



- beer, 1 12-ounce bottle lager
- ginger, 1 1½-inch piece
- apple cider, ½ cup

### CHERRY STOUT FIZZ PAGE 12



- beer, 1 12-ounce bottle stout
- cherry cola, ½ cup

### BEER BLOODY MARY PAGE 12



- beer, 1 12-ounce bottle lager
- tomato juice, 1 cup
- lime, 1
- prepared horseradish, 1 tablespoon
- Worcestershire sauce, ½ teaspoon
- Tabasco, ½ teaspoon
- celery salt, a pinch
- black pepper

### STOUT ROYALE PAGE 12



- beer, 1 12-ounce bottle stout
- sparkling wine, 1 cup
- crème de cassis (black currant liqueur), 1 tablespoon

### RASPBERRY MARTINI PAGE 60



- cranberry juice cocktail, 4 ounces
- vodka, 1 ounce
- lime, 1
- raspberry jam, 2 teaspoons

### EASY CHAI TEA PAGE 195



- black tea, 4 bags (such as Darjeeling)
- ginger, 1 1-inch piece
- whole milk, 2 cups
- cardamom seeds, 8
- cloves, 8
- black peppercorns, 4
- cinnamon sticks, 2
- sugar, 8 teaspoons plus more to taste

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