

shopping list

THIS LIST CONTAINS THE INGREDIENTS YOU'LL NEED TO PREPARE THE RECIPES IN THIS ISSUE OF REAL SIMPLE.

dinners

stuffed pork loin with roasted root vegetables

PAGE 266

- boneless pork loin (preferably center cut), 1 3-pound
- carrots, 1½ pounds (about 10 medium)
- parsnips, 1½ pounds (about 10 medium)
- turnips, ¾ pound (about 2 medium)
- fresh rosemary, 2 sprigs
- mixed dried fruit (such as golden raisins, dried cherries, or chopped dried apricots), ¾ cup
- olive oil, 4 tablespoons
- kosher salt and black pepper

baked barley risotto with butternut squash

PAGE 282

- butternut squash, 1 small (about 1½ pounds)
- baby spinach, 5 ounces
- onion, 1
- Parmesan, ½ cup grated (2 ounces), plus more for serving
- unsalted butter, 1 tablespoon
- low-sodium vegetable broth, 3 cups
- pearl barley, 1 cup
- dry white wine, ½ cup
- olive oil, 2 tablespoons
- kosher salt and black pepper

Thai pork and noodle soup

PAGE 284

- ground pork, 1 pound
- shiitake mushrooms, ½ pound
- scallions, 2
- red chili peppers, for serving
- limes, 3
- fresh ginger, 1 1-inch piece
- fresh cilantro leaves, for serving
- garlic, 2 cloves
- low-sodium chicken broth, 4 cups
- wonton wrappers, 4 ounces (about 10)
- Asian fish sauce or soy sauce, 1 tablespoon
- canola oil, 2 tablespoons
- kosher salt

pan-fried cod with mustard-caper sauce

PAGE 286

- skinless cod, halibut, or striped bass fillet, 4 6-ounce pieces
- Bibb lettuce, 1 large head
- English cucumber, ½
- lemon, 1
- fresh tarragon, 1 tablespoon chopped
- red onion, ¼ small
- whole-grain mustard, 2 tablespoons
- capers, 1 tablespoon
- olive oil, 4 tablespoons plus 1 teaspoon
- kosher salt and black pepper

herbed chicken cutlets with roasted winter vegetables

PAGE 288

- chicken cutlets, 8 small (about 1½ pounds)
- Brussels sprouts, 1 pound
- cauliflower, ½ medium head
- herbes de Provence, 1 tablespoon
- olive oil, 3 tablespoons
- kosher salt and black pepper

slow-cooker classic pot roast

PAGE 290

- beef chuck roast, 1 3-pound
- celery, 2 stalks
- carrots, 1 pound
- fresh flat-leaf parsley, 2 tablespoons chopped
- baby potatoes, 1 pound (about 15)
- onion, 1 medium
- tomato paste, ¼ cup
- cornstarch, 2 tablespoons
- bay leaves, 2
- kosher salt and black pepper

sides

frisée with warm shallot vinaigrette

PAGE 266

- frisée, 2 large heads
- shallots, 4 large
- white wine vinegar, ⅓ cup
- granulated sugar, ½ teaspoon
- olive oil, ⅓ cup plus 2 tablespoons
- kosher salt and black pepper

wild rice and mushroom pilaf

PAGE 268

- mixed mushrooms (button, cremini, and shiitake), 12 ounces
- fresh chives, 2 tablespoons chopped
- onion, 1 small
- unsalted butter, 3 tablespoons
- low-sodium chicken broth, 3 to 4 cups
- dry white wine, ¼ cup
- wild rice blend, 2 cups
- olive oil, 2 tablespoons
- kosher salt and black pepper

secretly simple popovers

PAGE 270

- whole milk, 1½ cups
- unsalted butter, 3 tablespoons, plus more for the pan
- large eggs, 4
- all-purpose flour, 1½ cups
- kosher salt, ½ teaspoon

cookies and desserts

chewy gingersnaps

PAGE 253

- unsalted butter, 1 cup (2 sticks)
- large eggs, 2
- all-purpose flour, 4 cups
- light brown sugar, 2 cups packed
- granulated or coarse decorating sugar, ½ cup
- molasses, ½ cup
- baking soda, 2 teaspoons
- ground cinnamon, 2 teaspoons
- ground nutmeg, 1 teaspoon
- ground ginger, 1 teaspoon
- ground cloves, ½ teaspoon
- canola oil, ¼ cup
- kosher salt, 1 teaspoon

cashew gingersnaps

PAGE 253

- unsalted butter, 1 cup (2 sticks)
- large eggs, 2
- all-purpose flour, 4 cups
- light brown sugar, 2 cups packed
- salted cashews, 1 cup chopped
- candied ginger, ½ cup chopped
- granulated or coarse decorating sugar, ½ cup
- molasses, ½ cup
- baking soda, 2 teaspoons
- ground cinnamon, 2 teaspoons
- ground nutmeg, 1 teaspoon
- ground ginger, 1 teaspoon
- ground cloves, ½ teaspoon
- canola oil, ¼ cup
- kosher salt, 1 teaspoon

chocolate chunk gingersnaps

PAGE 253

- unsalted butter, 1 cup (2 sticks)
- large eggs, 2
- all-purpose flour, 4 cups
- light brown sugar, 2 cups packed
- semisweet chocolate, 6 ounces
- granulated or coarse decorating sugar, ½ cup
- molasses, ½ cup
- baking soda, 2 teaspoons
- ground cinnamon, 2 teaspoons
- ground nutmeg, 1 teaspoon
- ground ginger, 1 teaspoon
- ground cloves, ½ teaspoon
- canola oil, ¼ cup
- kosher salt, 1 teaspoon

double chocolate brownies

PAGE 253

- unsalted butter, ½ cup (1 stick), plus more for the baking pan
- large eggs, 2
- semisweet chocolate, 6 ounces
- granulated sugar, 1 cup
- all-purpose flour, ¾ cup
- unsweetened cocoa powder, ¼ cup
- baking powder, ½ teaspoon
- pure vanilla extract, 1 teaspoon
- kosher salt, ½ teaspoon

peanut butter cup brownies

PAGE 253

- unsalted butter, ½ cup (1 stick), plus more for the baking pan
- large eggs, 2
- mini peanut butter cups, 20
- semisweet chocolate, 6 ounces
- granulated sugar, 1 cup
- all-purpose flour, ¾ cup
- unsweetened cocoa powder, ¼ cup
- baking powder, ½ teaspoon
- pure vanilla extract, 1 teaspoon
- kosher salt, ½ teaspoon

white chocolate and peppermint brownies

PAGE 253

- unsalted butter, ½ cup (1 stick), plus more for the baking pan
- large eggs, 2
- semisweet chocolate, 6 ounces
- white chocolate, 6 ounces
- granulated sugar, 1 cup
- all-purpose flour, ¾ cup
- peppermint candies, ⅓ cup chopped
- unsweetened cocoa powder, ¼ cup
- baking powder, ½ teaspoon
- pure vanilla extract, 1 teaspoon
- canola oil, 1 teaspoon
- kosher salt, ½ teaspoon

classic shortbread

PAGE 253

- unsalted butter, ½ cup (1 stick), plus more for the pan
- all-purpose flour, 1 cup, plus more for pressing in the dough
- granulated sugar, ¼ cup
- cornstarch, 2 tablespoons
- pure vanilla extract, ½ teaspoon
- kosher salt, ½ teaspoon

toasted pecan shortbread

PAGE 253

- unsalted butter, ½ cup (1 stick), plus more for the pan
- all-purpose flour, 1 cup, plus more for pressing in the dough
- pecans, ½ cup chopped
- granulated sugar, ¼ cup
- cornstarch, 2 tablespoons
- pure vanilla extract, ½ teaspoon
- kosher salt, ½ teaspoon

chocolate-drizzled shortbread

PAGE 253

- unsalted butter, ½ cup (1 stick), plus more for the pan
- all-purpose flour, 1 cup, plus more for pressing in the dough
- semisweet chocolate, 4 ounces
- granulated sugar, ¼ cup
- cornstarch, 2 tablespoons
- pure vanilla extract, ½ teaspoon
- kosher salt, ½ teaspoon

RECIPE KEY

30 MINUTES OR LESS

HEART-HEALTHY

VEGETARIAN

ONE POT

shopping list (CONTINUED)

chocolate chip cookies

PAGE 256

- unsalted butter, 1½ cups (3 sticks)
- large egg, 1
- all-purpose flour, 3 cups
- semisweet or milk chocolate chips, 12 ounces (2 cups)
- light brown sugar, 1 cup packed
- granulated sugar, ¾ cup
- pure vanilla extract, 1 teaspoon
- baking soda, ½ teaspoon
- baking powder, ½ teaspoon
- kosher salt, 1 teaspoon

mocha chocolate chip cookies

PAGE 256

- unsalted butter, 1½ cups (3 sticks)
- large egg, 1
- all-purpose flour, 3 cups
- semisweet or milk chocolate chips, 12 ounces (2 cups)
- light brown sugar, 1 cup packed
- chocolate-covered espresso beans, 1 cup crushed
- granulated sugar, ¾ cup
- pure vanilla extract, 1 teaspoon
- baking soda, ½ teaspoon
- baking powder, ½ teaspoon
- kosher salt, 1 teaspoon

apricot-macadamia chocolate chip cookies

PAGE 256

- unsalted butter, 1½ cups (3 sticks)
- large egg, 1
- all-purpose flour, 3 cups
- semisweet or milk chocolate chips, 12 ounces (2 cups)
- light brown sugar, 1 cup packed
- dried apricots, 1 cup chopped
- macadamia nuts, 1 cup chopped
- granulated sugar, ¾ cup
- pure vanilla extract, 1 teaspoon
- baking soda, ½ teaspoon
- baking powder, ½ teaspoon
- kosher salt, 1 teaspoon

sugared pecan balls

PAGE 256

- unsalted butter, 1 cup (2 sticks)
- pecans, 2 cups
- all-purpose flour, 2 cups
- confectioners' sugar, ⅔ cup
- pure vanilla extract, 1 teaspoon
- kosher salt, 1 teaspoon

cardamom cashew balls

PAGE 256

- unsalted butter, 1 cup (2 sticks)
- salted roasted cashews, 2 cups
- all-purpose flour, 2 cups
- confectioners' sugar, ⅔ cup
- pure vanilla extract, 1 teaspoon
- ground cardamom, ½ teaspoon
- kosher salt, 1 teaspoon

cinnamon walnut balls

PAGE 256

- unsalted butter, 1 cup (2 sticks)
- walnuts, 2 cups
- all-purpose flour, 2 cups
- confectioners' sugar, ⅔ cup
- pure vanilla extract, 1 teaspoon
- cinnamon, 1 teaspoon, plus more for dusting
- kosher salt, 1 teaspoon

pecan bars

PAGE 256

- heavy cream, 2 tablespoons
- unsalted butter, ¾ cup (1½ sticks), plus more for the baking pan
- pecans, 2 cups
- all-purpose flour, 1½ cups, plus more for pressing in the dough
- granulated sugar, ¾ cup
- light brown sugar, ½ cup packed
- honey, ¼ cup
- pure vanilla extract, 1 teaspoon
- kosher salt, ¼ teaspoon

maple-walnut bars

PAGE 256

- heavy cream, 2 tablespoons
- unsalted butter, ¾ cup (1½ sticks), plus more for the baking pan
- walnuts, 2 cups
- all-purpose flour, 1½ cups, plus more for pressing in the dough
- granulated sugar, ¾ cup
- light brown sugar, ½ cup packed
- pure maple syrup, ¼ cup
- light corn syrup, 2 tablespoons
- pure vanilla extract, 1 teaspoon
- kosher salt, ¼ teaspoon

chocolate-date pecan bars

PAGE 256

- heavy cream, 2 tablespoons
- unsalted butter, ¾ cup (1½ sticks), plus more for the baking pan
- pecans, 2 cups
- all-purpose flour, 1½ cups, plus more for pressing in the dough
- semisweet chocolate chips, 6 ounces (1 cup)
- granulated sugar, ¾ cup
- dates, ½ cup chopped
- light brown sugar, ½ cup packed
- honey, ¼ cup
- pure vanilla extract, 1 teaspoon
- kosher salt, ¼ teaspoon

almond biscotti

PAGE 258

- large eggs, 2
- all-purpose flour, 2 cups
- granulated sugar, 1 cup
- almonds, 1 cup
- baking soda, ½ teaspoon
- baking powder, ½ teaspoon
- pure almond extract, ¼ teaspoon
- kosher salt, ½ teaspoon

pistachio-anise biscotti

PAGE 258

- large eggs, 2
- all-purpose flour, 2 cups
- granulated sugar, 1 cup
- shelled pistachios, 1 cup
- anise seed, 1 teaspoon
- baking soda, ½ teaspoon
- baking powder, ½ teaspoon
- pure almond extract, ¼ teaspoon
- kosher salt, ½ teaspoon

chocolate-cherry biscotti

PAGE 258

- large eggs, 2
- all-purpose flour, 2 cups
- granulated sugar, 1 cup
- hazelnuts, 1 cup
- dried cherries, 1 cup
- semisweet chocolate, 3 ounces
- baking soda, ½ teaspoon
- baking powder, ½ teaspoon
- pure almond extract, ¼ teaspoon
- kosher salt, ½ teaspoon

chocolate chocolate chunk cookies

PAGE 258

- unsalted butter, ½ cup (1 stick)
- large eggs, 3
- semisweet chocolate, 24 ounces
- all-purpose flour, 1½ cups
- granulated sugar, 1 cup
- pure vanilla extract, 1 teaspoon
- baking powder, ½ teaspoon
- baking soda, ¼ teaspoon
- kosher salt, ¾ teaspoon

peanut-raisin chocolate chunk cookies

PAGE 258

- unsalted butter, ½ cup (1 stick)
- large eggs, 3
- semisweet chocolate, 24 ounces
- all-purpose flour, 1½ cups
- raisins, 1 cup
- salted roasted peanuts, 1 cup
- granulated sugar, 1 cup
- pure vanilla extract, 1 teaspoon
- baking powder, ½ teaspoon
- baking soda, ¼ teaspoon
- kosher salt, ¾ teaspoon

marshmallow chocolate chunk cookies

PAGE 258

- unsalted butter, ½ cup (1 stick)
- large eggs, 3
- semisweet chocolate, 24 ounces
- all-purpose flour, 1½ cups
- mini marshmallows, 1½ cups
- granulated sugar, 1 cup
- pure vanilla extract, 1 teaspoon
- baking powder, ½ teaspoon
- baking soda, ¼ teaspoon
- kosher salt, ¾ teaspoon

simple sugar cookies

PAGE 258

- unsalted butter, ½ cup (1 stick)
- large egg, 1
- all-purpose flour, 1¾ cups, plus more for the work surface
- granulated sugar, ½ cup
- decorating sugar (optional)
- pure vanilla extract, 1 teaspoon
- kosher salt, ½ teaspoon

spiced sugar cookies

PAGE 258

- unsalted butter, ½ cup (1 stick)
- large egg, 1
- all-purpose flour, 1¾ cups, plus more for the work surface
- granulated sugar, ½ cup
- decorating sugar (optional)
- pure vanilla extract, 1 teaspoon
- ground cinnamon, ½ teaspoon
- ground nutmeg, ¼ teaspoon
- ground ginger, ¼ teaspoon
- kosher salt, ½ teaspoon

citrus sugar cookies

PAGE 258

- orange, lemon, or lime, 1
- unsalted butter, ½ cup (1 stick)
- large egg, 1
- all-purpose flour, 1¾ cups, plus more for the work surface
- granulated sugar, ½ cup
- decorating sugar (optional)
- pure vanilla extract, 1 teaspoon
- kosher salt, ½ teaspoon

flourless peanut butter cookies

PAGE 260

- large eggs, 2
- creamy peanut butter, 2 cups
- light brown sugar, 1 cup packed
- granulated sugar, 1 cup
- baking soda, 2 teaspoons
- kosher salt, ½ teaspoon

toffee-pretzel peanut butter cookies

PAGE 260

- large eggs, 2
- creamy peanut butter, 2 cups
- light brown sugar, 1 cup packed
- granulated sugar, 1 cup
- salted pretzels, 1 cup broken (2 ounces)
- chocolate-covered toffee bars, 1 cup chopped
- baking soda, 2 teaspoons
- kosher salt, ½ teaspoon

cranberry-oat peanut butter cookies

PAGE 260

- large eggs, 2
- creamy peanut butter, 2 cups
- rolled oats, 1½ cups
- dried cranberries, 1 cup
- light brown sugar, 1 cup packed
- granulated sugar, 1 cup
- baking soda, 2 teaspoons
- kosher salt, ½ teaspoon

cinnamon-poached pears with caramel

PAGE 268

- pears (such as Anjou, Bartlett, or Bosc), 8 firm with stems attached
- fresh ginger, 1 2-inch piece
- heavy cream, ½ cup
- vanilla ice cream, 2 pints
- granulated sugar, 2½ cups
- cinnamon sticks, 2

RECIPE KEY

 30 MINUTES OR LESS

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 VEGETARIAN

 ONE POT