

worksheet: energy-saving checklist

USE THIS CHECKLIST to keep track of the many ways you can save energy—and dollars. These numbers are estimates. To calculate exact savings for your household based on your particular energy consumption, go to <http://www.energyguide.com/energy/audit/HAintro.asp>.

Instead of this...	try this...	and save...
<ul style="list-style-type: none"> Setting your thermostat to 70 degrees in the winter. 	<ul style="list-style-type: none"> Set it to 65 degrees (especially comfortable at night). 	<ul style="list-style-type: none"> \$80 to \$100 a year.
<ul style="list-style-type: none"> Setting your water heater to 130 degrees. 	<ul style="list-style-type: none"> Set it to 120 degrees. 	<ul style="list-style-type: none"> \$15 a year.
<ul style="list-style-type: none"> A 75-watt incandescent lightbulb. 	<ul style="list-style-type: none"> An 18-watt CFL lightbulb. 	<ul style="list-style-type: none"> 4 cents an hour, or about \$88 a year if the bulb is lit for six hours a day.
<ul style="list-style-type: none"> A traditional computer monitor. 	<ul style="list-style-type: none"> An LCD monitor. 	<ul style="list-style-type: none"> \$20 a year.
<ul style="list-style-type: none"> Washing clothes on a hot/warm cycle. 	<ul style="list-style-type: none"> Switch to a warm/cold wash cycle. 	<ul style="list-style-type: none"> 10 cents a load.
<ul style="list-style-type: none"> Washing several times a week. 	<ul style="list-style-type: none"> Wash and dry your clothes back-to-back in one stint. 	<ul style="list-style-type: none"> \$1 a session, or \$52 a year.
<ul style="list-style-type: none"> Using a top-loading clothes washer. 	<ul style="list-style-type: none"> Use a front-loading washer. 	<ul style="list-style-type: none"> As much as 40 cents a load.
<ul style="list-style-type: none"> A pre-1993 refrigerator. 	<ul style="list-style-type: none"> A new Energy Star-rated refrigerator. 	<ul style="list-style-type: none"> \$120 a year.
<ul style="list-style-type: none"> Rinsing dishes before placing them in the dishwasher. 	<ul style="list-style-type: none"> Load dishes into the dishwasher as they are. 	<ul style="list-style-type: none"> 6,500 gallons of water, or \$30 a year on average.
<ul style="list-style-type: none"> Leaving gaps in your ductwork. 	<ul style="list-style-type: none"> Seal your loose house "shell." 	<ul style="list-style-type: none"> \$300 a year.