

REAL SIMPLE

DOMINICK'S GROCERY, Chicago

Entrance

Lemons
Limes
Apples
Bananas
Grapes
Grapefruit
Other fruit _____
Celery
Lettuce
Peppers
Carrots
Onions
Garlic
Potatoes
Corn
Spinach
Leeks
Shallots
Green Onions
Tofu
Deli meats _____
Deli cheese _____

1

Bread
Olive oil
Vegetable oil
Vinegar – white
Vinegar – Balsamic
Vinegar – red wine
Mayonnaise
Soy sauce
Hoisin sauce
Red chili paste
Coconut milk
Other sauce:

2

Seltzer
Tonic

Back right

Beef
Chicken breast
Turkey breast
Pork
Sausage

3

Crackers
Tea
Coffee
Filters
Peanuts
Almonds
Cashews
Honey

4

Cereal
Kashi
Salt/Pepper
Sugar
Powdered sugar
Brown sugar
Flour
Baking soda
Baking powder
Cocoa
Corn meal
Shortening
Yeast
Extract _____
Herbs _____
Spices _____

5

Jam
Peanut butter

6

Canned tomatoes
Tomato paste
Pasta
Soup _____
Broth
Bullion

7

Beans
Rice
Ketchup
Mustard
Tuna

Back left

Skim milk
Whole milk
Cream
Buttermilk
Butter
Yogurt – plain
Yogurt – flavored

11

Ice cream
Pizza

12

Eggs
Cheese _____
Beans
Corn
Peas
Broccoli